

# Activity Calendar – May 2025

## The Director's Corner

Happy May to all our Mozaic Adult Day Members! First, don't miss a special Mother's Day performance by Larry Batter on Friday, May 10<sup>th</sup>.

Finally, we are happy to announce that the Fairfield Garden Club will return to the center for a special Mother's Day planting program on Thursday, May 8<sup>th</sup>.



## Care Partner Meetings

This month the virtual session will take place on May 20<sup>th</sup>, 7:15-8:15pm, *RSVP* to receive a link. The in-person session will be May 21<sup>st</sup> 3-4:00pm.

For more information, contact Tiffany Colucci, MS, PC, NCC Eldercare Navigator at 203-396-1066 or [tcollucci@mozaicsl.org](mailto:tcollucci@mozaicsl.org)

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Join us for <b>Coffee Hour</b> Every Morning at 9:00am</p>	 <p><b>MEMORIAL DAY</b> <small>REMEMBERING &amp; HONORING ALL WHO SERVED</small></p>	<p><b>SPRING</b> showers <b>BRING MAY FLOWERS</b></p>	<p><b>1</b></p> <p>10:00am Chair Exercise 10:30am Hangman <b>10:30am Men's Group</b> Lunch 1:00pm Stretches 1:30pm Mozaic Karaoke 2:30pm Refreshments 2:45pm Golden Conversation</p>	<p><b>2</b></p> <p>10:00am Chair Zumba 10:30am Scattergories <b>10:30am Spa Day w/ Letty</b> Lunch 1:00pm Stretches <b>1:30pm Entertainment w/ Lynn Lewis</b> 2:30pm Refreshments 2:45pm Golden Conversations</p>
<p><b>5</b></p> <p>10:00am Chair Exercise 10:30am American Trivia <b>10:30am Men's Group</b> Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Casual Conversations</p>	<p><b>6</b></p> <p>10:00am Chair Zumba 10:30am Odd One Out! <b>10:30am Men's Group</b> Lunch 1:00pm Stretches <b>1:30pm K-9 Presentation w/ Officer French</b> 2:30pm Refreshments 2:45pm Casual Conversations</p>	<p><b>7</b></p> <p>10:00am Sit and Be Fit 10:30am Matching the Antonyms <b>10:30am Men's Group</b> Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Casual Conversations</p>	<p><b>8</b></p> <p>10:00am Silver Sneaker Fitness 10:30am <b>Fairfield Garden Club/Flower Plants</b> <b>10:30am Men's Group</b> Lunch 1:00pm Stretches 1:30pm Miniature Golf 2:30pm Refreshments 2:45pm Casual Conversations</p>	<p><b>9</b></p> <p>10:00am Fusion Fitness <b>10:30am Mother's Day Celebration w/ Larry Batter</b> Lunch 1:00pm Stretches 1:30pm Puzzle Vision 2:30pm Refreshments 2:45pm Casual Conversations</p> 
<p><b>12</b></p> <p>10:00am Sit and Be Fit 10:30am Wordle <b>10:30am Men's Group</b> Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Table Topics</p>	<p><b>13</b></p> <p>10:00am Silver Sneakers Fitness 10:30am Family Feud <b>10:30am Men's Group</b> Lunch 1:00pm Stretches 1:30pm Horseshoe Toss 2:30pm Refreshments 2:45pm Table Topics <b>3:00pm: Caregiver Support Group (Virtual)</b></p>	<p><b>14</b></p> <p>10:00am Fusion Fitness 10:30am Celebrity Faces <b>10:30am Men's Group/Out Trip</b> Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Table Topics <b>3:00pm: Caregiver Support Group (In-Person)</b></p>	<p><b>15</b></p> <p>10:00am Chair Zumba 10:30am Scattergories <b>10:30am Men's Group</b> Lunch 1:00pm Stretches 1:30pm Balloon Volley 2:30pm Refreshments 2:45pm Table Topics</p>	<p><b>16</b></p> <p>10:00am Chair Exercise 10:30am Match the Synonyms <b>10:30am Spring Gardening w/ Amy Lopez</b> Lunch 1:00pm Sing Along <b>1:30pm Tai Chi w/ Jonathon</b> 2:30pm Refreshments 2:45pm Table Topics</p>
<p><b>19</b></p> <p>10:00am Chair Zumba 10:30am Facts or Fiction <b>10:30am Men's Group</b> Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Golden Conversations</p>	<p><b>20</b></p> <p>10:00am Sit and Be Fit 10:30am Wheel of Fortune <b>10:30am Men's Group</b> Lunch 1:00pm Stretches 1:30pm Bowling Match 2:30pm Refreshments 2:45pm Golden Conversations</p>	<p><b>21</b></p> <p>10:00am Fusion Fitness 10:30am Hangman <b>10:30am Men's Group</b> Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Golden Conversations</p>	<p><b>22</b></p> <p>10:00am Chair Exercise 10:30am Pictionary <b>10:30am Men's Group</b> Lunch 1:00pm Stretches 1:30pm Ring Toss 2:30pm Refreshments 2:45pm Golden Conversations</p>	<p><b>23</b></p> <p>10:00am Silver Sneaker Fitness <b>10:30am Entertainment with John Valerio</b> <b>12:00pm Memorial Day BBQ</b> 1:00pm Stretches 1:30pm Pass the Mic 2:30pm Refreshments 2:45pm Golden Conversations</p>
<p><b>26</b></p> <p><b>CENTER CLOSED</b></p> 	<p><b>27</b></p> <p>10:00am Fusion Fitness 10:30am 30+ Letter Word Find <b>10:30am Men's Group</b> Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Casual Conversations</p>	<p><b>28</b></p> <p>10:00am Price was Right Then! 10:30am Family Feud <b>10:30am Men's Group</b> Lunch/ Out Trip 1:00pm Stretches 1:30pm Let's Sing and Dance 2:30pm Refreshments 2:45pm Casual Conversations</p>	<p><b>29</b></p> <p>10:00am Sit and Be Fit <b>10:30am Chair Yoga w/ Doris</b> Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Casual Conversations</p>	<p><b>30</b></p> <p>10:00am Zumba Exercise 10:30am Wordle Lunch 1:00pm Stretches <b>1:30pm African Culture Entertainment w/ Rita</b> 2:30pm Refreshments 2:45pm Casual Conversations</p>

# Lunch Menu – May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
			1 CHICKEN & RICE SOUP HERB ROASTED TURKEY W/GRAVY QUINOA FRUIT STUFFING GREEN BEAN CASSEROLE APPLE PIE	2 MINESTRONE SOUP MOROCCAN STYLE CHICKEN RED SMASHED POTATOES SAUTEED MIXED VEGGIES PUMPKIN CHEESECAKE
5 EGG DROP SOUP SWEET & SOUR CHICKEN SESAME NOODLES JAPANESE BLEND VEGGIES PEANUT BUTTER BROWNIE	6 ITALIAN WEDDING SOUP MANICOTTI W/MARINARA SAUCE TOASTED ORZO CREAMED SPINACH AMBROSIA SALAD	7 POTATO LEEK SOUP HAWAIIAN CHICKEN BAKED BEANS COLESLAW LEMON PIE	8 PASTA FAGIOLI SOUP CHICKEN PARMESAN CAPELLINI RATATOUILLE CHOCOLATE CREAM PIE	9 QUINOA VEGETABLE SOUP BAKED ZITI W/MEAT SAUCE GARLIC ITALIAN BEANS VANILLA CAKE W/CHOC ICING
12 ESCAROLE & BEAN SOUP LEMON ROSEMARY CHICKEN BAKED YAM GARLIC BROCCOLI MINT BROWNIES	13 BEEF ORZO SOUP OPEN FACE TURKEY SANDWICH MASHED POTATOES COLLARD GREENS BANANA CREAM PIE	14 TURKEY & WILD RICE SOUP HAMBURGER OR HOT DOG BAKED BEANS THREE BEAN SALAD TAPIOCA PUDDING	15 WISCONSIN CHEESE SOUP TERIYAKI CHICKEN THAI STYLE VEGETABLE SALAD WHITE RICE CINNAMON ROLL APPLE PIE	16 <b>PIZZA DAY</b> TURKEY NOODLE SOUP CHEESE PIZZA GARDEN SALAD CARROT CAKE CUPCAKE W/CREAM CHEESE FROSTING
19 ITALIAN WEDDING SOUP EGGPLANT ROLLATINI RICE PILAF BROCCOLI PINEAPPLE UPSIDE DOWN CAKE	20 BEEF BARLEY SOUP ROAST TURKEY WITH GRAVY CLASSIC STUFFING ROASTED BRUSSEL SPROUTS CHOCOLATE PUDDING	21 POTATO LEEK SOUP PATTY MELT ON RYE SWEET POTATO WEDGES BAKED BEANS PEACH PIE	22 BUTTERNUT SQUASH SOUP CHEESE TORTELLINI WITH PRIMAVERA SAUCE SAVORY COUSCOUS ROASTED VEGETABLE MEDLEY CHOCOLATE CREAM PIE	23 <b>MEMORIAL DAY BBQ</b> CREAM OF BROCCOLI SOUP HAMBURGERS & HOTDOGS FRENCH FRIES COLESLAW CHERRY PIE
26 <b>MEMORIAL DAY</b>  <b>CENTER CLOSED</b>	27 WISCONSIN CHEESE SOUP MEATLOAF WITH GRAVY MASHED POTATOES BROCCOLI BLUEBERRY COBBLER	28 POTATO LEEK SOUP HAMBURGER OR HOT DOG FRENCH FRIES BAKED BEANS CHOCOLATE CAKE	29 CHICKEN & RICE SOUP HERB ROASTED TURKEY W/GRAVY QUINOA FRUIT STUFFING GREEN BEAN CASSEROLE APPLE PIE	30 MINESTRONE SOUP MOROCCAN STYLE CHICKEN RED SMASHED POTATOES SAUTEED MIXED VEGGIES PUMPKIN CHEESECAKE

ALL MEALS MEET UNITED STATES DEPT OF AGRICULTURE NUTRITIONAL REQUIREMENTS. BREAKFAST OPTIONS: 1% MILK, COFFEE/TEA, JUICE, TOAST (MARGARINE, JELLY, PEANUT BUTTER), OATMEAL, CEREAL, YOGURT, FRUIT. SNACK VARIES, MAY INCLUDE: 1% MILK, CHEESE STICKS, GRAHAM OR ANIMAL CRACKERS, YOGURT, APPLESAUCE, FRUIT, ASSORTED DESSERTS. MENUS ARE SUBJECT TO CHANGE. SPECIAL MENUS CAN BE ARRANGED TO ACCOMMODATE SPECIAL MEDICAL NEEDS; GLATT KOSHER AVAILABLE UPON REQUEST.